



TERM 1

WEEK 7

THURSDAY 14 MARCH 2019

Coming Events

Mon 18 March	SCHOOL PHOTOS
Tues 19 March	Circus Skills
Sat 23 March	Election Day Stall
Wed 27 March	Ozharvest
Thurs 28 March	Scripture
Thurs 4 April	The Big Crunch
Thurs 11 April	Scripture Easter
Fri 12 April	Assembly
	Easter Hat Parade
	P&C BBQ

Term 2 starts Tuesday 30 April for students

Thur 2 May	Towamba X-C
Fri 10 May	Zone Cross Country



Attached:

- car raffle poster
- food waste flyer



Reminders

Welcome to week 7 and it certainly started with a BANG as all the students participated in Taiko drumming with Kiyomi on Monday morning. It was a fun morning where the children learnt about the art of Tyke – Oh Japanese drumming which included beat, self-discipline and teamwork and had the students drumming away for an hour in the MPR. I really liked Kiyomi's use of words where she spoke about learning and said 'you have the power to control your discipline' meaning that we can all learn new things, it is up to the individual to put in the effort to make this happen. This coincides with the Growth mindset philosophy that we have been embarking on at school. This statement really stuck in my head and I believe it would have in the children's as well. We have school photos next week and a the circus visit on Tuesday which will be another exciting day.

It was great this week to welcome Mrs. Macey back into the school when she taught in the grade 3 -6 class when I was out of the classroom accommodating a visit from our Director Laurie Campbell came to visit. Mrs. Macey will also return in week 9 when she will be conducting some arts activities with the children which will be exciting.

Last week at the SCLC meeting I had some very exciting news. Would you like to win a brand new Volkswagen Polo Car. Well thanks to Pambula Public School's P and C, we at Towamba Public School will have the opportunity. Pambula Public School are conducting a joint fundraising initiative with all the partnering SCLC schools, and very shortly (in the next week) Towamba School will have tickets to sell as a fundraiser for our school, and we will let everyone know when that is. A huge thank you to Pambula School for including the small schools in the area in this, as this is a wonderful fundraising opportunity which would not be possible to conduct in our small school setting.

Also, last week Towamba School sent a thank you card to Caris who donated a kiln to the school late last year which all the students signed. Today we shared a card to the school that Caris had sent back to us which we all enjoyed. Caris had created the card and hand drawn some gumnuts which related to the thoughtful message she wrote to us. The artwork that Caris had drawn is great, but to have this artwork drawn by a lady who is not far off 100 it absolutely incredible. Thank you Caris. (you can see the artwork in the newsletter)

Once again if you have any questions please come and see any of us at the school. Have a great rest of the week.

Glenn

School Photos - Monday

Don't forget Monday is School Photo Day.

Students will change into a school shirt once at school, or if you have a uniform shirt with the single white stripe in the collar please wear that. Year 6 students should wear their Year 6 shirts.

The school photographer is visiting at the start of the day, and all students will have individual portraits as well as the school photo, Year 6 photo and any sibling photos pre-ordered.

Late orders can be made after photo day via the website but will incur an additional fee.

Look forward to seeing everyone at school so we have a complete school group photo.

There are a few envelopes yet to be returned- please check the reminder box.

Circus Skills - Tuesday

We will have an early lunch this day so we are ready for the show at 1pm. Following that students will enjoy learning some circus skills like juggling, plate spinning, acrobatic balance, twirling poi, diabolo and more. Thank you to the P&C for covering the cost of this incursion.

Ozharvest school visit Wednesday March 27

Don't forget that students are encouraged to bring a donation of \$3 or more on the day of the school presentation to go towards Ozharvest and their programs.

The presentation will cover

- food waste
- environmental consequences of food waste
- impact of food insecurity on people
- tips for fighting food waste at home

Parents are welcome to sit in on the presentation which starts at 9.30am and goes for about 45 minutes.

Attendance

Please remember that all absences from school must be justified within 7 days. You can ring the school, email, pop into the office, use the note on the back of the newsletter, or write your own. If you found a note re unjustified absences attached to your newsletter last week, please return to the office promptly.

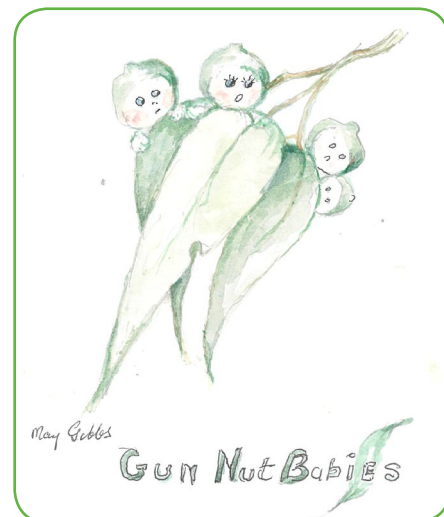
End of Term Assembly Friday April 12

As usual we will have our end of term assembly on the last day of term. Parents and friends are invited to come to the school from 12noon for the P&C run BBQ lunch.

Following this will be the assembly, with presentation of any Term 1 nests (students- if you have 4 eggs- hand them in!), banking award, student work and some musical items showcasing what has been done this term. The day will also include an Easter Hat Parade, displaying the hats made by the students, and finish with some fun activities for all. Hope to see a lot of our families there.

Illness

There has been a tummy bug going round. If your child has



Dear Girls and Boys

Thank you for your painting and coffee mug. They are so beautiful — when I was a little girl I used to love reading books written by May Gibbs about Gum Nut Babies who lived in the Australian Bush. I wonder if any lived in Terowamba?

I painted them on this card for you to see.

Lots of love to each of you
Boris





**Thursday
fortnightly
9.30am**

in the MPR



**All young
children
welcome**

Term 1 dates

- Thurs 21 March
- Thurs 4 April



FRIDAY Lunches

**NEW
PRICING**

Plain meat pie	\$4.00
Gluten Free pie	\$4.00
Cheese/Bacon	\$4.50
Chicken/mushrm	\$4.50
Vege pastie	\$4.00
Sausage Roll	\$3.50
Mini Pizza	\$2.50
Juice	\$1.50
Flav Milk	\$1.50

Lunch Orders

Tomorrow: Leanne/Carine

Fri 22 March: **Karen N**
 Fri 29 March: **Karen H**
 Fri 5 April: **Karen H**
 Fri 12 April: **P&C BBQ**

been sick please ensure that they are 100% before sending back to school, so that we can break the cycle of contagion.

School fundraiser

Pambula Public School has had a new car anonymously donated to their school (a VW Polo)and they are sharing their luck with all of the local SCLC schools. Raffle tickets will be available for \$5 each- with the big bonus that all proceeds of ticket sales sold by our parents and staff going directly back to our school.

A great incentive to try and sell tickets to your friends and family- with a great prize of a new car! More information is attached. Tickets available from the office, plus they will also be on sale at the Election Day BBQ.

Limited tickets so each ticket has a 1 in 5000 chance.

Clothing Pool

A reminder that we have boxes in the MPR with second hand uniform items that are available to anybody at no cost. You are welcome to browse what is there, and also to bring in any of your own that are outgrown etc. We have had a big donation from Jo Schmidt with lots of red polos, shorts and trousers, and jumpers.

Cross Country

The Wolumla cross country is at the start of Term 2, with our school event the week before, students are starting training now.

Upcoming staff changes

Tues 26 March	Mr Dinwoodie & Nancy Budget day Ms Kenyon 3-6
Wed 27 March	Mr Dinwoodie, Ms Kenyon 3-6
Thurs 28 march	Mr Dinwoodie Principal mtg, Ms Kenyon 3-6
Monday 1 April	Ms Kenyon K12
Monday 8 April	Ms Kenyon K12

P&C News



Election Day BBQ

The school MPR is the local voting centre for the March 23 NSW State elections. The P&C are running a BBQ stall as well as selling cake and hot drinks from 8am - 1pm.

The P&C are looking for **volunteers** for this day, as well as donations of **cakes** and slices. Please contact Esther on 0402 613 960.

Raffle tickets for the car will also be on sale- we only have limited tickets to sell, and all proceeds from our tickets goes to our school- so remind your friends and neighbours to bring money when they vote!

Catering fundraiser in May

The P&C have now committed to catering the 'Team Sorting' Horse event on May 18th and 19th. For this weekend we will really need additional helpers. The type of tasks requiring help are with BBQ or canteen at the hall, cooking or precooking of roast dinner items, washing up, as well as donations of things like cakes, pumpkin or other produce that would suit the menu. Please save the date and think about how you may be able to help. Any help, large or small will be welcomed.

Community News

Technology Training @ Tura Marrang



Intro to Email - 10.30am Monday 4 March
Intro to Social Media - 10.30am Monday 11 March
Intro to Online Shopping - 10.30am Monday 18 March
Online Privacy & Cybersafety - 10.30am Mon 25 March
Intro to iPads - 10.30am Monday 1 April
iPads 2 - 10.30am Monday 8 April
Tune Up Your iPad - 10.30am Monday 15 April
Book your place online or phone 6499 2340
begavalleyshirelibrary.eventbrite.com.au



CANDELO PUBLIC SCHOOL



SESQUICENTENARY CELEBRATIONS - 150 YEARS Saturday 23 March 2019

10.00 SCHOOL PHOTO K-6
10.30 Student displays - fitness to include Indian Clubs
• 3/4/5/6
• 1/2/3
• K/1
• Maypole Dance
Morning tea
11.00 Buttermaking display
Classroom displays
Library Photograph and History displays
Lighthouse parade
BBQ Lunch
12.00 Official opening
Spiderman Dance
Official guests
Sesqui Cake cutting
Choir - Happy Birthday
Recorder group
Time capsule
1.00 SCLC Stage Band
2.00 Family Bush Dance
Afternoon tea
4.00 Thank you for a great day!

• Bring along class photos, school books and "treasures", news items
1869 - 1919 1920 - 1969
1970 - 1999 2000 - 2019
• Volunteers are welcome to support activities on the day. Please call us, 6493 2236 for meeting times.
• Dress up in period costume to add to the day's celebrations - family photos will be on offer



WHY YOU SHOULD #FIGHTFOODWASTE

FOOD WASTE IS A GLOBAL ISSUE

THERE IS ENOUGH FOOD PRODUCED IN THE WORLD TO FEED EVERYONE

1/3 OF ALL FOOD IS WASTED EVERY YEAR

1 IN 9 PEOPLE DO NOT HAVE ENOUGH FOOD TO EAT

IT WOULD BE THE 3RD BIGGEST EMITTER OF GREENHOUSE GASES

ELIMINATING FOOD WASTE WOULD BE EQUIVALENT TO TAKING 1 IN 4 CARS OFF THE ROAD

WASTING FOOD WASTES EVERYTHING

EACH YEAR THE FOOD WE WASTE CONSUMES 18% OF OUR LAND
21% OF FRESH WATER 20% OF SPACE LANDFILL

FOOD WASTE IN AUSTRALIA

FOOD WASTE COSTS THE ECONOMY \$20+ BILLION EACH YEAR

3.6 MILLION AUSTRALIANS HAVE EXPERIENCED FOOD INSECURITY EACH YEAR

THE AVERAGE FAMILY WASTES \$1,000+ OF FOOD

1 IN 5 SHOPPING BAGS END UP IN THE BIN

ALMOST 50% OF ALL FOOD WASTE COMES FROM THE HOME

BUT THE GOOD NEWS IS, IT'S AVOIDABLE. SIMPLY FOLLOW THESE STEPS:

FIGHT FOOD WASTE AT HOME

- LOOK**
 - AT WHAT FOOD YOU HAVE
 - AT USE-BY DATES
 - AT YOUR WEEK AND PLAN MEALS
- BUY**
 - WHAT YOU NEED
 - SHOP WITH A LIST
 - AVOID THE DEALS
- STORE**
 - FOOD IN AIRTIGHT CONTAINERS
 - FRESH FRUIT AND VEG IN FRIDGE
 - FOOD FOR LATER IN THE FREEZER
- COOK**
 - WHAT YOU'LL EAT
 - WITH INGREDIENTS THAT NEED USING UP
 - EAT AND LOVE YOUR LEFTOVERS!

Ephemeral

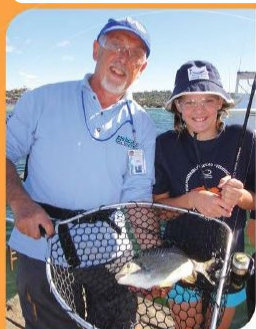
SAT 13 APRIL
Panbulla Wetlands
9am - 2pm
\$10.000 - \$15.000

- * creative workshops
- * sculpture
- * art
- * music
- * food
- * good vibes

Kids' fishing workshop

Merimbula

Wednesday 17th April 2019



Kids 8-14 years old are invited to come and learn to fish safely and responsibly. Instructors are experienced volunteers and staff from the Department of Primary Industries.

The day runs from 10 am to 2 pm and involves fishing techniques, bag and size limits, and fish handling for best release techniques.

COST is \$40 PER CHILD, and includes * rod and reel combination * shirt * hat * tackle box * show bag—all to take home!

BOOKINGS ARE ESSENTIAL. Maximum 25 participants.

To book, e-mail stephen.thurstan@dpi.nsw.gov.au or ring Stephen Thurstan, 0438 245 190

Details on the web: <http://www.dpi.nsw.gov.au/fisheries/recreational/info/workshop>
NSW DPI fishing workshops are run with the assistance of the Fishcare Volunteers and are supported by funds from the Recreational Fishing Trusts



The simplest way

... to keep Easter fun whilst making it healthy.

Easter can mean many things.

Easter bunny:

- Eat what bunnies eat, try some carrot filled recipes such as 'carrot cake oat biscuits'
- Decorate pancakes with fruit to make a bunny face.

Easter eggs:

- Paint hard boiled eggs with food coloring - the perfect family activity and healthy snack.

Chocolate:

- Include other sweet treats in celebrations such as 'apple and date bliss balls'

Family celebrations:

- Check out healthylunchbox.com.au for recipes the whole family will enjoy.



healthylunchbox.com.au

ABSENCE & Partial Absence NOTE

My child _____

was absent from school on the date/s _____

OR will be arriving late/departing early at (time) _____

due to _____

Signed _____ Parent/Carer. Date: _____